

Healthy Eating Cup

6.1 Diamonds

Mr. Jeremy Mercieca

To stimulate a healthy life style, on Thursday, 22nd October, 2016, we did a healthy eating cup. This is because it is important for our children to adopt healthy life style skills from a very young age. We did this cup using healthy ingredients, such as different types of fruit, Corn flakes and yoghurt. The children had great fun engaging in this activity, which is quite different from the normal routine in class.



