

Healthy Lifestyle

Ms Borg Class 3.3

The students sang the song 'Flaxix u Frott' and in groups they had to describe the song in their own words. Then, one by one the students had to come out from their place and show their peers the special healthy food they brought from home and explain why it is healthy and why they chose that food for their lunch. During this activity the students learned from each other and it also gave them some different ideas of what type of healthy food they can bring to school.



